

Office Assessor Training

Practical Office Ergonomics - 1.5 Day In-Person Training

Interactive evidence based workshop on office ergonomics

★ Key features & Benefits:

- ◆ Develop a strong understanding of how to prevent musculoskeletal discomfort.
- ◆ Learn how to conduct a preventative office ergonomics assessment.
- ◆ Understand how to prioritize concerns.
- ◆ Learn current evidence to support implementation of effective ergonomics solutions.
- ◆ Live scenarios to apply newly acquired knowledge of assessment, adjustment and selection of furniture and equipment.
- ◆ Understand how to design and implement an effective ergonomics initiative to meet your organization's goals.

👤 Who is this training for?

- ◆ Members of your health and safety team, human resources/disability management groups, and facilities staff.
- ◆ Ergonomics team members.

🔍 What does it cover?

- ◆ What is a musculoskeletal injury (MSI)?
- ◆ Stages of an MSI.
- ◆ Strategies to manage key risk factors.
- ◆ Risk factors associated with MSIs.
- ◆ Process to conduct an ergonomics assessment.
- ◆ Developing and implementing an effective ergonomics initiative.

\$1,175 /Person

Course can be customized to organizations. Call for pricing

Contact us

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