



Sandra Thomsen BSc PT
Work Rehab Consultant

Sandra graduated from the University of Alberta at the top of her class with a Bachelor of Science in Physical Therapy with Distinction in 1996. She has extensive hands on experience within the healthcare environment, including several years with Alberta Health Services in roles that included Physical Therapist, Musculoskeletal Disorder Consultant and Workplace Advisor for Workplace Health and Safety.

Sandra's specialty is Return to Work planning and work rehabilitation. During her 16 year career as a Physical Therapist, she conducted comprehensive file reviews, interviews and lead assessments – including ergonomic and job demands analyses. She successfully provided innovative solutions to return to work barriers, providing the client and organization a timely and safe return to work plan while being sensitive to the needs of internal and external stakeholders.

Her approach to the Return to Work planning consisted of a mix of providing encouragement and compassion, yet maintaining objectivity.

Carrying her knowledge over to EWI Works as a Work Rehab Consultant, Sandra has conducted ergonomic assessments and group audits for office environments, with a particular focus remaining in Return to Work issues. She has also conducted Job Demands Analyses for various industrial settings.

Sandra's additional training includes numerous courses with the National Institute of Disability Management.

Sandra is a registered Physical Therapist with the Alberta Physiotherapy College and Association